

# Greetings and Blessings Everyone!

## MARCH 2009

### Upcoming Course Feature:

#### Stillness Within Training

April 4 & 5, 2009 Drumheller, AB

*Learn to clear out your lower vibrational energies at your will. Forgive and transform heavy energies. Enlighten your heart and allow love to fill your life and dissipate your fears. Rise to higher vision and purpose to create your life as you choose it. Still your mind and allow yourself to be all that you can be.*

**New!** You can now be part of the Meditation group that meets regularly in Calgary, Canada. [Download](#) the Meditation or Lecture brought through for that evening. If you wish, [Join the group here.](#)

Our **Sacred Pilgrimages** are to heal the world and serve the light. "A pilgrimage is the visiting of a sacred site by one who is a spiritual seeker". Our next pilgrimage is to Bali in October 14 to 28, 2009 - 14 nights.

[Bali October 2009 Information Flyer](#)

[Past pilgrimages](#)

## Meditation Phrase:

*I AM powerful and purposeful ~  
I AM one with all living beings*

### MARCH 2, 2009 - Study Group Deepening your Journey to Self-Enlightenment - Cowichan Bay, BC

Call us at 403-295-7507 or email [lightcenter@hotmail.com](mailto:lightcenter@hotmail.com)  
Carollyne at Soul Path Solutions 250-733-2040 or email [c2m@shaw.ca](mailto:c2m@shaw.ca)  
Or contact Deb at Reiki Wellness 250-743-8122

### APRIL 4 & 5, 2009 - Stillness Within Training - Drumheller, AB

Call us at 403-295-7507 or email [lightcenter@hotmail.com](mailto:lightcenter@hotmail.com)  
Or contact Louise at 403-436-0513 or email [conscioushearts@telus.net](mailto:conscioushearts@telus.net)

### APRIL 8, 2009 - Evening Lecture & Workshop - Olds, AB

Call us at 403-295-7507 or email [lightcenter@hotmail.com](mailto:lightcenter@hotmail.com)  
Or contact Rose at the Healing Forest at 403-556-9411 or email [ascrose@telus.net](mailto:ascrose@telus.net)

### MAY 30 & 31, 2009 - Transformational Healing - Calgary, AB

Call us at 403-295-7507 or email [lightcenter@hotmail.com](mailto:lightcenter@hotmail.com)

### JUNE 5, 2009 - Evening Lecture & Meditation - Swift Current, SK

Call us at 403-295-7507 or email [lightcenter@hotmail.com](mailto:lightcenter@hotmail.com)  
Or contact Heather at 306-678-2141 or email [salariah@hotmail.com](mailto:salariah@hotmail.com)

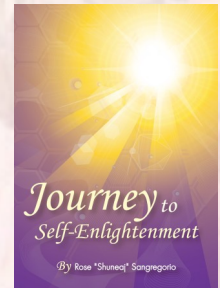
### JUNE 6 & 7, 2009 - Open Heart Walkabout - Swift Current, SK

This is the first of possible future "Walkabouts" in Canada. There will be practical teachings on Saturday and on Sunday a trip to Fort Walsh for spiritual work at this site. Call us at 403-295-7507 or email [lightcenter@hotmail.com](mailto:lightcenter@hotmail.com)  
Or contact Heather at 306-678-2141 or email [salariah@hotmail.com](mailto:salariah@hotmail.com)

### JUNE 13 & 14, 2009 - Workshop TBA - Denver, Colorado, USA

Call us at 403-295-7507 or email [lightcenter@hotmail.com](mailto:lightcenter@hotmail.com)  
Or contact Vhalle at 720-381-0828

*Please check the [website](#) for more details on any of the events listed above  
or check the [International](#) page for events scheduled for Denmark.*



[Read](#) a short excerpt from Rose's new book 'Journey to Self-Enlightenment'



[Listen](#) to a sound bite of Rose's Meditation CDs

## Metaphysical Center of Canada Corporation

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# Namaste

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experience the touch of Heaven on Earth'**

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